BRECK FOUNDATION

# Having the chat:

conversation starters for talking to your children about online safety

## Primary age

- 'How does this game/app work? Can I play?'
- 'Which apps or games are you into at the moment?'
- 'Do you have any online friends?'
- 'Do you know where to go for help?'
- 'Have you ever seen any bad behaviour online? What did you see? What did you do about it?'
- 'Do you know where to go for help if something upsets you online?' (remind them of you, or CEOP, or Childline, or a teacher)
- 'What kinds of things should we do to keep our personal information safe when we're online?'
- 'What happens to what we say or send when we post it online?'

## Secondary age

- 'What apps/games is everyone using at your school? What's the social media app of the moment?'
- 'Have you ever seen anyone scamming or tricking people online? What did you see/hear about?'
- 'How do you know that what you're reading about is truthful or fake? What steps do you take to make sure you're not reposting fake stories?'
- 'Do you know your limits?' (You can talk about screen addiction, getting enough sleep, the endless scroll of social media)
- 'I heard about a girl getting tricked into sending nude selfies and then someone shared them without permission. I thought it was really sad. Have you ever heard about that sort of thing?'
- 'How do you know the person you're chatting to online is who they say they are?'
- 'Do you think you could tell if someone was scamming/catfishing you? How?'
- 'Should we treat people differently online than in the real world? How?'

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